



St James' CE Primary School - OJR – Spring-Summer Term 2021 Menu - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter	Tomato and Vegetable Pasta (G)	Pasta with Tomato Sauce (G)		Pasta with Cheese Sauce (G,M)	
Main dish		Meatballs with Five Vegetable Sauce (G)	Chicken Curry With Brown Rice	Mediterranean Chicken Breast Strips (G)	Cod Fish Fingers with Potato Wedges (F,G)
Vegetarian		Veggie Meatball with Five Vegetable Sauce (Sb,E)	Vegetable Curry With Quorn and Crushed Chickpeas with Brown Rice (E)	Mediterranean Quorn Strips (G,E)	Crustless Cherry Tomato Quiche with Potato Wedges (E,M)
Vegetable or Salad	Greek Salad (M)	Sweetcorn	Broccoli	Carrots and Peas	Baked Beans
Dessert	Fresh Fruit Salad	Yoghurt with Berries (M)	Lemon and Blueberry Cake (G,E,M)	Shortbread with Yoghurt (G,M)	Fresh Fruit Selection

Allergen Coding: Fish(F)- Peanuts(P)- Soya beans(Sb)- Milk(M)- Nuts(N)- Celery(Ce)- Mustard(Mu)- Sesame(Se)- Sulphite(Su)- Lupin(L)- Molluscs(Mo) Eggs(E)- Cereals containing gluten(G)- Crustaceans(Cr)



St James' CE Primary School - OJR – Spring- Summer 2021 Menu - Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter			Whole Wheat Pasta with Tomato Sauce (G)		
Main dish	Tomato and Basil Pasta with Cheesy Topping (G,M)	Vegetable Lasagne with Garlic Bread (G,M,Mu)	Roast Chicken Fillets (G)	Spaghetti Bolognese (G)	Cod Fish Fingers with Chips (F,G)
Vegetarian			Roast Quorn (G,E)	Vegetable and Quorn Bolognese (G,E)	Vegetable and Lentil Patties with Chips (G,M)
Vegetable or Salad	Salad Bowl	Sweetcorn	Broccoli and Carrots	Salad Bowl	Baked Beans
Dessert	Apple Flapjack (G,M)	Fresh Fruit	Lemon Drizzle Cake (G,M,E)	Fresh Fruit and Yoghurt (M)	Carrot Cake (G,E,M)

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St James' CE Primary School - OJR –Spring- Summer Term 2021 Menu - Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Starter		Pasta with Tomato Sauce (G)			
Main dish	Tomato and Vegetable Pasta (with lentils) and French Bread (G)	Beef Casserole with Winter Vegetables and Spinach	Margarita Pizza with Five Vegetable Pizza Topping and Mozzarella Cheese  served with Potato Wedges	Jacket Potato with  <ul style="list-style-type: none"> <li>○ Tuna Mayo</li> <li>○ Cheese</li> <li>○ Baked Beans</li> </ul>	Cod Fish Fingers or Salmon Croquettes with Chips (F,G,E)
Vegetarian		Cannellini Bean, Winter Vegetables and Spinach Casserole			Vegetable Croquettes with Chips (G,M)
Vegetable or Salad	Salad Bowl	Sweetcorn	Salad Bowl	Cucumber and Cherry Tomatoes	Baked Beans
Dessert	Banana Cake (G,E,M)	Fresh Fruit and Yoghurt (M)	Carrot Cake (G,E,M)	Fresh Fruit and Yoghurt (M)	Raspberry Flapjack (G,M)

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