

**Week 1** (Weeks commencing: Wednesday 2<sup>nd</sup> September; Monday 21<sup>st</sup> September; Monday 12<sup>th</sup> October; Monday 16<sup>th</sup> November; Monday 7<sup>th</sup> December)

| Monday                                                                                                         | Tuesday                                                                                                                                          | Wednesday                                                                                    | Thursday                                                                                                    | Friday                                                                  |
|----------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------|
| <b>Jacket Potato Bar</b><br><br>Tuna Mayo (F,E,Mu)<br>Cheese (M)<br>Baked Beans<br><br>Served with Chefs Salad | <b>Meat Feast Pizza</b><br>Five Vegetable Pizza Topping,<br>Ground Beef Mince & Mozzarella<br>Cheese. Served with Spicy Potato<br>Wedges (G-w,M) | <b>Beef Chilli Con Carne</b><br>with Steamed Rice<br>Tacos or Tortilla                       | <b>Jamaican Style Roast<br/>Chicken Thighs</b><br>Served with Jollof Rice                                   | <b>Fish Fingers</b><br>Served with Chips and Baked Beans<br>(F,G-w)     |
|                                                                                                                | <b>Margarita Pizza</b><br>Five Vegetable Pizza Topping &<br>Mozzarella Cheese. Served with<br>Spicy Potato Wedges<br>(G-w,M)                     | <b>Roast Vegetable with Cous<br/>Cous</b><br>with Steamed Rice<br>Tacos or Tortilla<br>(G-w) | <b>Jollof Rice with Roast<br/>Quorn Pieces</b><br>(E)                                                       | <b>Veggie Sausages</b><br>(G-w)<br>Served with Chips and Baked<br>Beans |
|                                                                                                                | <b>Jacket Potato</b><br>With Cheese and Baked Beans<br>(M)                                                                                       | <b>Jacket Potato</b><br>With Tuna Mayo, or Baked Beans<br>(F,E,Mu)                           | <b>Jacket Potato</b><br>With Cheese and Baked Beans<br>(M)                                                  | <b>Jacket Potato</b><br>With Cheese and Baked Beans<br>(M)              |
| <b>Fruit Flapjack</b><br>or Cut Fresh Fruit<br>(G-o,M)                                                         | <b>Ice cream with Wafer</b><br>(G-w,M)<br><b>Or</b><br><b>Cut Fresh Fruit</b>                                                                    | <b>Fresh Fruit Salad<br/>or Yoghurt</b><br>(M)                                               | <b>Sticky Toffee Banana Cake</b><br>served with Custard<br>(G-w,E,M)<br><b>Or</b><br><b>Cut Fresh Fruit</b> | <b>Melon &amp; Pineapple Wedges<br/>or Yoghurt</b><br>(M)               |

**Allergen Coding:** Fish(F)- Peanuts(P)- Soya beans(Sb)- Milk(M)- Nuts(N)- Celery(Ce)- Mustard(Mu)- Sesame(Se)- Sulphite(Su)- Lupin(L)- Molluscs(Mo) Eggs(E)- Crustaceans(Cr) Cereals containing gluten – (G-w)- Wheat (G-b) Barley (G-o) Oats

**Week 2** (Weeks commencing: Monday 7<sup>th</sup> September; Monday 28<sup>th</sup> September; Monday 2<sup>nd</sup> November; Monday 23<sup>rd</sup> November; Monday 14<sup>th</sup> December)

| Monday                                                                                                                               | Tuesday                                                                                                    | Wednesday                                                                                            | Thursday                                                                       | Friday                                                               |
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| <b>Beef Burger or Veggie Burger</b><br>Served in a Bun with Spicy Potato Wedges, Coleslaw and Sliced Mixed Peppers<br>(G-w,Ce,M,G-b) | <b>Barbeque Chicken Thighs</b><br>Served with Mexican Rice and Sweetcorn                                   | <b>Spaghetti Bolognaise</b><br>Served with Garlic Slice and Chef's Mixed Salad<br>(G-w)              | <b>Chichen Tikka Masala</b><br>Served with Wholegrain Rice & Broccoli          | <b>Fish Fingers</b><br>Served with Chips and Baked Beans<br>(F,G-w)  |
| <b>Mac &amp; Cheese with Crispy Crumb Topping</b><br>Served with Coleslaw and Sliced Mixed Peppers<br>(G-w,M,E,Mu)                   | <b>Homemade Cheddar Cheese and Onion Sausage Rolls</b><br>Served with Mexican Rice and Sweetcorn (G-w,M,E) | <b>Vegetable &amp; Lentil Bolognaise</b><br>Served with Garlic Slice and Chef's Mixed Salad<br>(G-w) | <b>Sweet Potato and Lentil Curry</b><br>Served with Wholegrain Rice & Broccoli | <b>Veggie Sausages</b><br>(G-w)<br>Served with Chips and Baked Beans |
| <b>Jacket Potato</b><br>With Tuna Mayo or Baked Beans<br>(F,E,Mu)                                                                    | <b>Jacket Potato</b><br>With Cheese and Baked Beans<br>(M)                                                 | <b>Jacket Potato</b><br>With Tuna Mayo or Baked Beans<br>(F,E,Mu)                                    | <b>Jacket Potato</b><br>With Cheese and Baked Beans<br>(M)                     | <b>Jacket Potato</b><br>With Cheese and Baked Beans<br>(M)           |
| <b>Melon &amp; Pineapple Wedges or Yoghurt</b> (M)                                                                                   | <b>Lemon Jacks</b><br>Served with Custard<br>(G-o,E)<br>or Cut Fresh Fruit                                 | <b>Fruit Jelly</b> (M)<br>or Cut Fresh Fruit                                                         | <b>Lemon &amp; Orange Cake</b><br>(G-w,E,M)<br>or Cut Fresh Fruit              | <b>Fresh Fruit Salad or Yoghurt</b><br>(M)                           |

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**Week 3** (Weeks commencing: Monday 14<sup>th</sup> September; Monday 5<sup>th</sup> October; Monday 9<sup>th</sup> November; Monday 30<sup>th</sup> November)

| Monday                                                                                                                   | Tuesday                                                                                             | Wednesday                                                                                                           | Thursday                                                                                 | Friday                                                               |
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| <b>Jacket Potato Bar</b><br><br>Tuna or Salmon Mayo (F,E,Mu)<br>Cheese (M)<br>Baked Beans<br><br>Served with Chefs Salad | <b>Chicken Curry</b><br>Served with wholegrain Rice & Sweetcorn                                     | <b>Beef Meatballs with Tomato &amp; Pepper Sauce and Fusilli Pasta</b><br>(G-w)<br>Served with Dressed Chef's Salad | <b>Peri Peri Chicken Thigh</b><br>Served with Potato Wedges & Mixed Salad                | <b>Fish Fingers</b><br>Served with Chips and Baked Beans (F,G-w)     |
|                                                                                                                          | <b>Vegetable &amp; Chickpea Curry</b><br>Served with wholegrain Rice & Sweetcorn                    | <b>Spinach &amp; Cheese Swirl</b><br>(G-w)<br>Served with New Potatoes Dressed Chef's Salad                         | <b>Vegetable Samosa</b><br>Served Sweet Chilli Sauce, Wholemeal Rice & Mixed Salad (G-w) | <b>Veggie Sausages</b><br>(G-w)<br>Served with Chips and Baked Beans |
|                                                                                                                          | <b>Jacket Potato</b><br>With Tuna Mayo or Baked Beans (F,E,Mu)                                      | <b>Jacket Potato</b><br>With Cheese and Baked Beans (M)                                                             | <b>Jacket Potato</b><br>With Salmon Mayo or Baked Beans (F,E,Mu)                         | <b>Jacket Potato</b><br>With Cheese and Baked Beans (M)              |
| <b>Fresh Cut Fruit Or Yoghurt</b><br>(M)                                                                                 | <b>Blueberry &amp; Orange Traybake</b><br>Served with Custard (G-w,E,M)<br>Or<br><b>Fresh Fruit</b> | <b>Fresh Fruit Salad or Yoghurt</b><br>(M)                                                                          | <b>Ice cream with Strawberry Sauce</b> (G-w,M)<br>Or<br><b>Fresh Fruit</b>               | <b>Melon &amp; Pineapple Wedges or Yoghurt</b><br>(M)                |

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