

Autumn term 21/22 Family Newsletter



Join Fit For Sport every day at our school's Extended School Club

Latest News

Active opportunities for children are back for an exciting new academic year ahead! We hope all families enjoyed a fantastic Summer holidays and are just as excited as we are for the new school year where we are delighted to confirm that your Fit For

Sport Extended School Club will be continuing to deliver fun and energising activities in the Autumn term and beyond! This family newsletter provides useful and exciting information about what Fit For Sport Clubs have planned for the new academic year and key booking information you might need!

A word with Fit For Sport

We're back! Running every school day in the new academic year - we are so excited to welcome some familiar and new faces to our

active Extended School Clubs for the new school year! Whether it is being there for you by extending the school day with our services, providing a safe social space for your child/ren to re-engage with friends, getting your child/ren active with a variety of team games and sports or cherishing and celebrating success as child/ren explore an engaging environment of endless discovery - we are committed to continue supporting you and child/ren in the new academic year and beyond. As we look forward to an exciting autumn term ensure your child doesn't miss out on activity favourites as we introduce our brand new activity programme which will add a depth and richness to children's learning beyond the school curriculum and empowers them with a range of knowledge and skills that will ensure Fit For Sport is the place to be before or after school!

NEW TO FIT FOR SPORT? OUR CLUBS OFFER

- ✓ Affordable and safe childcare
- ✓ Peace of mind for working families that children are safe and having fun
- ✓ Opportunities for children to discover new and engaging activities delivered by expert activity leaders
- ✓ Sessions to help children keep active with a wide range of activity options
- ✓ Confidence building through learning new skills
- ✓ Positive social interaction experiences with friends
- ✓ Enhanced wellbeing and increase activity levels #WellbeingWarriors

Book now!



fitforsport.co.uk
020 8742 4990

Running every school day this academic year - children will have a lot to look forward to each week with access to high-quality sessions that enables them to enjoy being active, learn the benefits of a healthy lifestyle, meet new friends and most importantly have fun in a safe setting. Our brand new activity program will ensure an exciting start to the new academic year! With a huge range of new activities planned and developed through our whole of child philosophy - there is something for everyone at our Extended School Clubs!

- ✓ action packed multi-sports
- ✓ fun movement-based activities and challenges
- ✓ opportunities to explore creativity and express themselves
- ✓ practicing life skills through a wide range of learning experiences
- ✓ child led discovery sessions
- ✓ wellbeing activities that promote happiness, mindfulness and kindness

Get excited for our new activity program!

Session type

Example activities



Learn through play
LEARN ZONE

Trivia
Problem solving
Guided play



Let's get moving
FIT FACTOR

Parachute play
Dodgeball
Capture the flag



Learning to thrive
THRIVE TIME

Wacky science
Survival skills
Cooking



Skills for Sport
SUPER SPORTS

Kwik cricket
Netball
Football



Express yourself
CREATIVE ZONE

Arts and crafts
Drama
Music



Wellness
WELLNESS ZONE

Yoga
Meditation
Journaling

Did you know? Our flexible payment options include popular instalment plans that allow you to **Book Now, Pay Later** by spreading your childcare costs across monthly payments!

Flexible payment options available



At Fit For Sport we are always aiming to offer our parents flexibility with bookings. Why not secure your child's spot for the full academic year now by using our handy instalment plan that allows you spread the cost of termly or yearly bookings over monthly instalments.

Create your new academic year payment plan bespoke to your childcare needs and benefit from:

- Securing your child's spot for the full term without paying the full fee
- With limited availability - secure your regular booking early
- Spreading the cost of a termly booking over flexibly monthly instalments
- Choose a monthly payment date that suits you

Book now!



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