



St James' CE Primary School – Alexis Street - Autumn/Winter Term 2018 /19 Menu – Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish	<u>Vegetarian Day</u> Tomato, Basil, Courgette Pasta	Savory Lamb Mince	Chicken Tikka Curry With Naan Bread	Roast Turkey/Roast Beef and Yorkshire Pudding	Fish Fingers or Salmon Puffs
Main dish		Mediterranean Roast Vegetable Ragout (with lentils)	Vegetable Curry & Chickpea with Naan Bread	Quorn Sausage and Yorkshire Pudding	Cheese & Tomato Pin Wheels
Starchy dish	Included in main	Seasoned Steamed Rice	White and Brown Rice	Roast Potatoes	Chips
Vegetable	Vegetable Selection	Sweetcorn	Broccoli	Peas and Carrots	Baked Beans
Salad	Salad bar selection including Greek Salad	Salad bar selection	Salad bar selection	Salad bar selection	Salad bar selection
Dessert	Apple Sponge (50% fruit)	Mandarin Jelly (50% fruit content)	Chocolate Cake served with Chocolate Custard	Fresh Fruit Salad	Banana Flapjack
Fruit	Fresh Fruit or Yoghurt	Fruit selection or Yoghurt	Fruit selection	Yoghurt	Fruit selection
Drink	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk



St James' CE Primary School – Alexis Street - Autumn/Winter Term 2018 /19 Menu – Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish	<u>Vegetarian Day</u> Pizza Selection : Sweetcorn Peppers Onion Tomato	Beef Bolognaise	Creole Chicken Drumstick with Rice	Baked Pork Sausages and Vegetable Pasta	Cod Fish Fingers
Main dish		Quorn Bolognaise	Mexican Burrito	Ratatouille, with Kidney beans, Sweet Pepper and Tomato Pasta	Caramalised Onion and Cherry Tomato Quiche
Starchy dish	Potato Wedges	Spaghetti	Included in Main Course (Rice)	Included in Main Course (Pasta)	Chips
Vegetable	Apple Coleslaw	Sweetcorn	Carrots with Peas	Broccoli	Baked Beans
Salad	Salad bar selection	Salad bar selection	Salad bar selection	Salad bar selection	Salad bar selection
Dessert	Jam and Coconut Sponge	Fresh Fruit Salad	Orange Drizzle Cake	Banana and Custard (50% fruit)	Bread & Butter Pudding
Fruit	Fruit selection	Yoghurt	Fruit selection or Yoghurt	Fruit selection	Fruit selection
Drink	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk



St James' CE Primary School – Alexis Street - Autumn/Winter Term 2018 /19 Menu – Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main dish	<u>Vegetarian Day</u> Jacket Potatoes Served with Cheese and Beans Or Vegetable Chilli	Stir-fry Chicken and Vegetables with Rice	Beef Burgers Served with Baked Onion Rings and Salsa Garnish	Roasted Chicken Thigh, Roast Potatoes & Gravy	Cod Fish Fingers
Main dish		Stir-fry Quorn and Vegetables with Rice	Quorn Burger Served with Onions Rings	Vegetable Chow Mein	Sami's Falafels
Starchy dish	Included in main course	Included in main course	Ranch Potatoes	Included in Main Course	Chips
Vegetable	Carrot and Cucumber Sticks	Sweetcorn	Winter Coleslaw	Peas with Broccoli Florets	Baked Beans
Salad	Salad bar selection	Salad bar selection	Salad bar selection	Salad bar selection	Salad bar selection
Dessert	Fresh fruit	Pineapple Upside- down Cake with Custard	Apple Flapjack	Fruit Salad	Carrot Cake
Fruit	Yoghurt	Fruit selection or Yoghurt	Fruit selection or Yoghurt	Yoghurt	Fruit selection or Yoghurt
Drink	Water/Milk	Water/Milk	Water/Milk	Water/Milk	Water/Milk