

Understanding Autism: Post Diagnosis Workshops

These two hour workshop are for parents who have received a diagnosis of Autism. The workshops will be run by clinicians as part of the Autism and Related Disorders Team.

- **Come along and meet other parents**
- **Understand more about Autism and your child's diagnosis.**
 - **Have the opportunity to ask questions.**

When:

24th January 2018 for parents of teenagers

21st February 2018 for parents of children under 5

21st March 2018 for parents of children aged 5 -10

18th April 2018 for parents of teenagers

16th May 2018 for parents of children under 5

20th June 2018 for parents of children aged 5-10

18th July 2018 for parents of teenagers

15th August 2018 for parents of children under 5

19th September 2018 for parents of children aged 5-10

17th October for parents of teenagers

21st November for parents of children under 5

19th December for parents of children aged 5-10

Time: 10:00 – 12:00

Where: Mary Sheridan Centre Room MF26

These sessions are drop in so there is no need to book a place. These sessions are for parents only as unfortunately we are unable to accommodate children.

Understanding Autism Spectrum Disorder (ASD): Workshops for parents and carers

These two hour workshops offer support and information for parents and carers of children with Autism Spectrum Disorder. The workshops will be run by Speech and Language Therapists and other professionals.

- Come along and meet other parents
- Find out strategies and ways to support your child
- Have the opportunity to ask questions

2nd February 2018: Girls and ASD – this workshop will focus on how girls with ASD may present differently to boys and outline strategies

5th March 2018: Developing attention – this workshop will cover attention, impact on communication and strategies to develop attention skills

5th April 2018: Sleep and ASD – this workshop will help you understand sleep difficulties and how to develop your child's sleep pattern and will be run by a Paediatrician

11th May 2018: Transition to secondary – this workshop will provide ideas about how to support your child in their transition from primary to secondary school

7th June 2018: Behavioural feeding difficulties and ASD – this workshop will help you understand your child's behavioural eating difficulties/ extreme food refusal and offer strategies and advice

10th July 2018: Visuals – this workshop is an opportunity for you to make visuals to support your child's communication

6th August 2018: Early communication skills – this workshop will provide ideas and support parents of children and young people who may be non-verbal or have a few words

3rd September 2018: Behaviour and ASD – this workshop will help you understand your child's behaviour and will offer advice and strategies to help and will be run by a Clinical Psychologist and a Speech and Language Therapist

Time: 10:00 – 12:00

Where: Mary Sheridan Centre, 5 Dugard Way, London, SE11 4TH

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